

THE PSYCHOLOGY OF RADICAL HEALING COLLECTIVE

PRESENTS



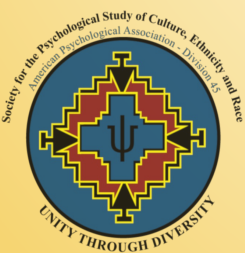
Psychology of

RADICAL **HEALING**

Inaugural Live Virtual Symposium

April 17, 2026

Co-Sponsors



2026 Psychology of Radical Healing Live Virtual Symposium

Date/Time: April 17, 2026 (Friday) 11am-5pm ET/10am-4pm CT/8am-2pm PT

DESCRIPTION

In a sociopolitical moment marked by ongoing racial injustice and widespread collective stress, it is especially important to examine the tools psychology has to offer for cultivating resistance, radical hope, and collective wellbeing. The Psychology of Radical Healing (PRH) is a framework that supports People of Color (POC) individuals and communities to move beyond surviving racial trauma to thriving during revolting times. PRH is grounded in the lessons from our ancestors and rooted in the psychological foundations of Black psychology, liberation psychology, ethnopolitical psychology, radical healing in education, and intersectionality theories. Central to this framework is the recognition that individual healing is inseparable from collective wellbeing, and that addressing healing requires sustained attention to justice within Committees of Color. With the PRH framework, clinicians can support clients to acknowledge and actively resist oppression while also moving toward freedom and wellness. The framework also provides guidance to researchers interested in exploring culturally grounded healing among POC.

While the PRH approach may look different across practitioners, researchers, and communities, most adopt one or more of the five main anchors or pathways to healing proposed by French and colleagues (2020): (1) critical consciousness, (2) radical hope and envisioning possibilities, (3) strength and resistance, (4) cultural authenticity and self-knowledge, and (5) collectivism. The PRH framework has informed research and therapeutic approaches over the past 5 1/2 years. For example, elaborations on the psychology of radical hope anchor (e.g., French et al., 2023; Mosley et al., 2020) and applications to psychotherapy (e.g., Adames et al., 2023) have emerged.

The inaugural Psychology of Radical Healing (PRH) Virtual Symposium is designed to introduce the PRH framework to a broader audience and highlight recent developments in research and practice. The symposium provides an opportunity to deepen understanding of the scientific foundations of PRH, both as an integrated framework and through its individual components, and to explore how these principles are being applied in real-world settings. It also aims to cultivate a community of scholars, practitioners, and activists committed to using PRH to respond to the current sociopolitical moment and to recommit to both personal and collective healing.

The Symposium highlights the research and practice of psychology professionals representing diverse areas of expertise. Specifically, the opening keynote address by internationally recognized psychologists Dr. Hector Y. Adames and Dr. Nayeli Y. Chavez-Deñás will integrate theory, research, and praxis to discuss the use of PRH to inform awareness, hope, and action during this difficult and painful historical moment. The research panel consists of established scholars who will present their PRH studies with a range of diverse POC communities. Similarly, the practice panel consists of seasoned and early career professionals who will discuss their application of PRH with diverse POC individuals and communities. The closing keynote, with internationally recognized scholar-activist-healer Dr. Della Mosley, will focus on radical healing for Black girls. The unique aspect of the Symposium will be the incorporation of reflection, dialogue throughout as well as charting out a path forward.

The timing of the PRH Virtual Symposium is particularly meaningful as it coincides with the 40th anniversary of the Society for the Psychological Study of Culture, Ethnicity, and Race, where the impetus for the PRH framework emerged through the *Healing Through Social Justice* task force during Dr. Helen Neville's presidential initiative. In that effort, she collaborated with Drs. Hector Y. Adames, Nayeli Y. Chavez-Dueñas, Grace A. Chen, Bryana H. French, Jioni A. Lewis, and Della V. Mosley to articulate the framework. Ultimately, the symposium offers a space for reflection, healing, and strategic dreaming about what is possible for our field - within our science, our practice, and our collective pursuit of justice.

COURSE LEVEL

Introductory (useful for psychologists new to the field). This program is useful for practitioners at all levels.

CE SESSIONS

PART I: 11am – 12:30pm ET

Radical Healing Under the Cloud of Tyranny: Transforming Pain into Awareness, Hope, and Action

Presenters: *Dr. Hector Y. Adames and Dr. Nayeli Y. Chavez-Dueñas (with Welcome Remarks from Dr. Helen Neville and Dr. Germaine Awad)*

CE Credit: 1.5 CEs

PART II: 12:30pm – 2pm ET

Transformative Approaches to Research on Radical Healing in Diverse Communities of Color

Presenters: *Dr. Em Matsuno, Dr. Seanna Leath, and Dr. Viann Nguyen-Feng (with Dr. Jioni A. Lewis facilitating)*

CE Credit: 1.5 CEs

PART III: 2pm – 3:30pm ET

Innovative Applications of the Psychology of Radical Healing Framework for POC Communities

Presenters: *Dr. Amir Maghsoodi, Dr. Jessica G. Perez-Chavez, Dr. Anne Saw, and Dr. Sherry Wang (with Dr. Grace A. Chen facilitating)*

CE Credit: 1.5 CEs

PART IV: 3:30pm – 5pm ET

Love, Black Girls: On Embodying the Psychology of Radical Healing Framework

Presenters: *Dr. Della V. Mosley (with Bryana French facilitating)*

CE Credit: 1.5 CEs

CE CREDITS: 6.0 CE Hours (available for full-day attendance). Participants must attend each session in full to receive credit for that session.



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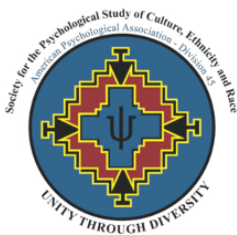
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Radical Healing Under the Cloud of Tyranny: Transforming Pain into Awareness, Hope, and Action

11am – 12:30pm Eastern Time

DESCRIPTION

Racism functions not merely as a social injustice but as an inhumane embodied inequity, a force that inscribes itself into the bodies, minds, and spirits of People of Color. Empirical evidence documents its reach across structural domains, limiting access to quality education (Orfield & Lee, 2005) and employment (Royster, 2003) while increasing vulnerability to hypertension (Williams & Neighbors, 2001), cardiovascular disease (Tene, 2006), breast cancer (Taylor et al., 2008), and premature mortality (Barnes et al., 2008). The psychological toll is equally severe, raising the risk for depression (Noh & Caspar, 2003), anxiety (Graham, West, Martinez, & Roemer, 2016), and race-related stress (Carter, 2007; Carter et al., 2017) among People of Color navigating racism and other overlapping forms of oppression. Decades of research have documented racism's harm; however, far less attention has been paid to how People of Color resist, recover, and reclaim healing and well-being. Existing frameworks have focused largely on individual coping, leaving under-explored how communities, not just individuals, might collectively heal from racial oppression.

This keynote presentation addresses that gap directly. Drawing on the foundational scholarship of Black Psychology, liberation and intersectionality theorists, and ethnopological psychology, this presentation describes the Psychology of Radical Healing (PRH), a framework that moves beyond individual reactive resilience toward a collective liberation (French et al., 2020). Four interconnected components anchor PRH including (a) resistance or refusal to internalize racist narratives, (b) reclamation of collective agency and critical consciousness, (c) recognizing the structural roots of suffering and (d) transforming pain into political awareness and action, and hope for a future oriented belief in the possibility of change and liberation for oneself the one's community (Adames et al, 2023). The keynote will offer clinicians, researchers, and community practitioners a theoretically rigorous and practically actionable path forward. All in all, PRH positions healing solely as a private clinical process, but also as a communal and political act inseparable from the pursuit of justice and human rights.

- Opening Keynote: *Hector Adames, PsyD & Nayeli Chavez-Dueñas, PhD*
- Welcome & Orientation: *Helen Neville, PhD & Germiné Awad, PhD*

Learning Objectives:

At the conclusion of this presentation, participants will be able to:

1. Identify the links between racism and adverse physical and mental health outcomes in Communities of Color, situating racism as a determinant of health.
2. Describe the theoretical foundations of the Psychology Radical Healing framework and distinguish it from individual-focused coping frameworks.

3. Apply principles of Psychology of Radical Healing to practice by identifying at least one culturally grounded strategy for supporting collective wellbeing among Communities of Color.

COURSE LEVEL

Introductory (useful for psychologists new to the field). This program is useful for practitioners at all levels.

PRESENTERS

Hector Y. Adames, PsyD (Keynote Speaker) (he/him/el) is a neuropsychologist by training and currently a Full Professor at The Chicago School, College of Professional Psychology. He co-founded and co-directs the [IC-RACE Lab](#). His scholarship focuses on decolonial psychology, racism and coloniality, and culturally responsive mental health practices for Latinx and other marginalized communities. Dr. Adames has authored or co-authored eight books and numerous scholarly articles that advance decolonial and liberation-oriented approaches to psychology, including *Decolonial Psychology: Toward Anticolonial Theories, Research, Training, and Practice*. His work bridges research, clinical practice, and social justice advocacy aimed at advancing healing and equity in psychological science and practice. Dr. Adames has earned several awards including the *2018 Distinguished Emerging Professional Research Award* from The Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45) and the *2020 Distinguished Star Vega Award* from the National Latinx Psychological Association (NLPA). In 2021, he was honored with a Presidential Citation from the American Psychological Association for his commitment to human rights and racial justice through his research, service, and mentorship.

Nayeli Y. Chavez-Dueñas, PhD (Keynote Speaker) (she/her/ella) is a Full Professor at The Chicago School, College of Professional Psychology where she serves as the faculty coordinator for the concentration in Latinx Mental Health in the Counseling Psychology Department. She is the co-founder and co-director of the [IC-RACE Lab](#). Her scholarship examines colorism, racism, immigration, and culturally grounded mental health practices in Latinx communities, with a focus on healing from ethnoracial trauma and advancing decolonial approaches to psychology. She has authored and co-authored several influential books and numerous articles on Latinx mental health and social justice in psychology. She has earned several awards including the 2018 American Psychological Association (APA) *Distinguished Citizen Psychologist Award*, the *2020 Distinguished Star Vega Award* from the National Latinx Psychological Association (NLPA) and the 2022 Shining Star Award from the National Multicultural Conference Summit.

Helen A. Neville, PhD (she/her) is Chair of the Department of Educational Psychology and Professor of Educational Psychology and African American Studies at the University of Illinois Urbana-Champaign, where she is also a Center for Advanced Study Professor. Her research examines African American Psychology, racism, racial identity, critical consciousness, and the Psychology of Radical Healing among People of Color, with an emphasis on cultural strengths such as hope, resistance, and joy. She is a past president of the Society of the Psychological Study of Culture, Ethnicity, and Race and the Society of Counseling Psychology and she served on the Executive Board of the Association of Black Psychologists.

Germine H. Awad, PhD (she/her/هي heyya) is a Professor of Psychology at the University of Michigan, where she also serves as Gender and Feminist Psychology Area Chair and University Diversity and Social Transformation Professor of Psychology. She holds courtesy appointments in Arab and Muslim American Studies, the Global Islamic Studies Center, and Women's and Gender Studies, and currently serves as

President of the Society for the Psychological Study of Culture, Ethnicity, and Race. Her research focuses on prejudice and discrimination, racial and ethnic identity, acculturation, and the psychological experiences of Arab, Middle Eastern, and North African (MENA) communities in the United States. She has published extensively on racism, discrimination, and mental health disparities and is co-editor of *The Handbook of Arab American Psychology*.

CE CREDITS: 1.5 CE Hours



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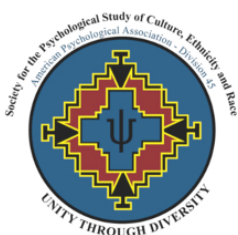
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2026 Psychology of Radical Healing Live Virtual Symposium

Transformative Approaches to Research on Radical Healing In Diverse Communities of Color

12:30pm – 2pm Eastern Time

DESCRIPTION

This presentation includes research on using the Psychology of Radical Healing framework with diverse communities of color. Panelists provide an overview of research on (1) training Two Spirit, Trans, and Nonbinary (2STNB) therapists of color to apply the psychological framework of radical healing to reduce intersectional internalized stigma among 2STNB POC clients; (2) how Black parents' hopes and dreams for their children reflect key tenets of the Psychology of Radical Healing framework; (3) an intervention study integrating radical healing and Trauma Center Trauma-Sensitive yoga for Black, Indigenous, and People of Color (BIPOC) individuals; and (4) Research findings and implications will be presented and discussed with audience members.

- Applying Radical Healing to Two-Spirit, Trans, and Nonbinary People of Color: Findings from an Open Clinical Trial (Dr. Em Matsuno)
- Freedom Begins at Home: Black Parenting and the Radical Imagination of Just Futures (Dr. Seanna Leath)
- Embodied Radical Healing for Racial Trauma (Dr. Viann Nguyen-Feng)

Learning Objectives:

At the conclusion of this presentation, participants will be able to:

1. Describe at least 2 ways to integrate the psychology of radical healing framework into research on individuals and communities in healing from racial trauma.
2. Identify the effectiveness in applying the Psychology of Radical Healing framework in clinical practice.
3. Identify at least 2 implications of applying the psychology of radical healing framework with communities of color based on research findings.

COURSE LEVEL

Introductory (useful for psychologists new to the field). This program is useful for practitioners at all levels.

PRESENTERS

Jioni A. Lewis, PhD (she/her) is an Associate Professor of Counseling Psychology at the University of Maryland, College Park. Her research is focused on investigating the influence of discrimination on the mental and physical health of people of color, with a specific focus on applying intersectionality to study the impact of gendered racism on Black women's health. She also directs the Gendered Racism and Collective Empowerment (GRACE) Lab, where she studies cultural protective factors that buffer individuals against the harmful effects of gendered racism, such as collective coping, resistance strategies, and radical

healing. Dr. Lewis is currently a Fellow of the American Psychological Association (APA Divisions 17, 35, and 45). She has also received several national awards for her scholarship, advocacy, and leadership, such as the 2019 Emerging Professional Contributions to Research Award from the Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45), the 2020 Social Justice Award from the Society of Counseling Psychology (APA Division 17), and the 2020 Emerging Leader for Women in Psychology Award from the Committee on Women in Psychology.

Em Matsuno, PhD (they/them) is an Assistant Professor of Counseling and Counseling Psychology at Arizona State University. Their research focuses on minority stress, resilience, and mental health among transgender and nonbinary (TNB) communities, with particular attention to nonbinary individuals and TNB people of color. Dr. Matsuno leads the EMpowerment Lab, which centers the voices and wellbeing of Two-Spirit, trans, and nonbinary people and develops interventions to reduce minority stress and promote resilience and mental health. Their work integrates quantitative and qualitative methods to advance culturally responsive psychological research, practice, and advocacy.

Seanna C. Leath, PhD (she/her) is an Associate Professor of Psychological and Brain Sciences at Washington University in St. Louis and affiliated faculty in Women, Gender, and Sexuality Studies. Her interdisciplinary research integrates psychology, education, and Black feminist scholarship to examine the development and wellbeing of Black girls and women within families, schools, and communities. She directs the Fostering Healthy Identities and Resilience (FHIRE) Collaborative, where she studies how race and gender identity, socialization, and community contexts support resilience and thriving in the face of discrimination and gendered racism.

Viann Nguyen-Feng, PhD, MPH, LP [vee-anne win-fang] (she/her) is a Counseling Psychologist and Associate Professor in the Department of Psychology at the University of Minnesota Duluth. She serves as core faculty in the clinical-counseling master's program and serves as the Director of the Mind-Body Trauma Care Lab. For additional information, please see her lab website: <https://MindBodyTrauma.Care>.

CE CREDITS: 1.5 CE Hours



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Innovative Applications of the Psychology of Radical Healing Framework for POC Communities

2pm – 3:30pm Eastern Time

DESCRIPTION

The Psychology of Radical Healing is a framework that supports People of Color (POC) individuals and communities to move beyond surviving racial trauma to thriving. With this framework, clinicians can support clients to acknowledge and actively resist oppression while also moving toward freedom and wellness. This panel discussion includes (1) presentations of case examples of the Psychology of Radical Healing being applied to clinical work with and advocacy for People of Color; and (2) facilitated discussion to help providers reflect on how they already use elements of the Psychology of Radical Healing framework in their work as well as how they can apply the framework moving forward.

- Panelists: *Amir Maghsoodi, PhD, Jessica G. Perez-Chavez, PhD, Anne Saw, PhD & Sherry Wang, PhD*
- Facilitator: *Grace Chen, PhD*

Learning Objectives:

At the conclusion of this presentation, participants will be able to:

1. Describe the Psychology of Radical Healing framework for healing from racial trauma.
2. Describe at least 2 ways to apply the psychology of radical healing framework in clinical practice, community programs, and advocacy.
3. Identify the benefits and challenges of applying the psychology of radical healing framework in a virtual format.

COURSE LEVEL

Introductory (useful for psychologists new to the field). This program is useful for practitioners at all levels.

PRESENTERS

Grace A. Chen, PhD (she/her) is a licensed psychologist (CA, WA) and consultant based in the San Francisco Bay Area, CA. She earned her Ph.D. in Counseling Psychology from The University of Texas at Austin. Dr. Chen's clinical work and scholarship focuses on Asian American mental health and racism. At the heart of her work is the value of radical self-care –she approaches wellness in a deeply committed way and supports folks to resist oppression and the pressure to be fueled by productivity and grind culture. Dr. Chen is a member of the Psychology of Radical Healing Collective (with fellow psychologists of color) and provides consultation regarding radical healing from racial trauma. As part of a multi-year Transformative Grant funded by the California Department of Social Services, Dr. Chen and fellow Asian American psychologists developed a community-based group intervention for Asians and Asian Americans to heal from racial trauma.

Amir Maghsoodi, PhD (he/him) is a counseling psychologist with a passion for justice-oriented clinical, research, and advocacy work. He currently provides in-person and virtual psychotherapy and ADHD testing services to the Ann Arbor and other Michigan communities at Sabi Psychology. He earned his Ph.D. from the Counseling Psychology program at the University of Illinois. An Iranian-American immigrant, he is dedicated to using my academic training in the service of social justice. He enjoys developing workshops that focus on healing from racial traumas and embracing the strengths of cultural identities, especially with Black, Indigenous, and People of Color (BIPOC) young adults. His research interests are syntonc with his clinical and outreach work, as he studies identity and meaning-making processes and investigates their implications for behavioral health, especially among marginalized communities.

Jessica G. Perez-Chavez, PhD (she/her/ella) obtained her doctorate in counseling psychology from the University of Wisconsin-Madison. She completed an APA-accredited internship at Harvard Medical School/Cambridge Health Alliance and a postdoctoral fellowship at Rush University's Department of Psychiatry and Behavioral Sciences in trauma and reproductive health psychology. Dr. Perez-Chavez holds an appointment as Assistant Professor of Counseling Psychology at The Chicago School, College of Professional Psychology, where she teaches graduate courses in the counseling psychology department. Dr. Perez-Chavez's scholarship and research interests include trauma-informed interventions and perinatal mental health. She is licensed in Illinois and is bilingual and can provide services in English and Spanish.

Anne Saw, PhD (she/her) is an Associate Professor of Clinical and Community Psychology in the Department of Psychology and affiliated faculty with the Global Asian Studies program at DePaul University. Dr. Saw completed her B.A. in Psychology with a minor in Asian American Studies from the University of California, Berkeley before earning her Ph.D. in Clinical-Community Psychology at the University of Illinois at Urbana-Champaign. She completed her pre-doctoral clinical internship at McLean Hospital/Harvard Medical School, a postdoctoral fellowship at the Asian American Center on Disparities Research at UC Davis, and a postdoctoral fellowship in the Department of Medicine at UC Davis Health. Dr. Saw engages with Asian American immigrant and refugee communities to promote health and mental health through culturally responsive research, interventions, and policy advocacy. Her research is at the intersection of health and mental health, and she is particularly interested in how structural, community, and sociocultural factors shape health, and how we can improve health and promote healing for Asian American communities. In addition to multiple awards for her research, teaching, and advocacy, Dr. Saw's research and community-based advocacy have been supported by PCORI, NIH, and various philanthropic foundations. Dr. Saw serves as an associate editor for the American Journal of Community Psychology, consulting editor for Cultural Diversity and Ethnic Minority Psychology, and as guest editor for two special issues of the Asian American Journal of Psychology.

Sherry C. Wang, PhD (she/her/她) is Associate Dean for Justice, Equity, Diversity, and Inclusion and Associate Professor of Counseling Psychology at Santa Clara University, and a licensed psychologist in California. Her research examines cultural and structural factors that shape mental health disparities, including the roles of acculturation, stigma, racism, and systemic oppression in the wellbeing of marginalized communities. Much of her recent scholarship focuses on Asian American racial trauma, anti-Asian racism, and pathways to solidarity and collective healing. Dr. Wang is also a nationally recognized scholar-advocate who engages in community education, policy work, and public scholarship to advance equity and culturally responsive mental health care.

CE CREDITS: 1.5 CE Hours



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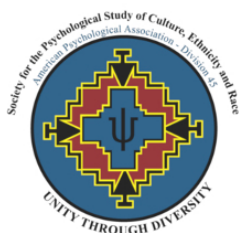
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2026 Psychology of Radical Healing Live Virtual Symposium

Love, Black Girls: On Embodying the Psychology of Radical Healing Framework

3:30pm – 5pm Eastern Time

DESCRIPTION

This presentation aims to serve as a meditation, inquiry, and collective practice toward radical healing for and from Black girls. The presentation integrates the five anchors of the Psychology of Radical Healing framework and weaves radical healing ethics as a throughline for the embodiment of radical healing. The presenter invites participants to both deepen their love of Black girls and consider who their people are that they can most honestly and impactfully embody the framework with and for.

- Closing Keynote: *Della V. Mosley, PhD*
- Facilitator: *Bryana H. French, PhD*

Learning Objectives:

At the conclusion of this presentation, participants will be able to:

1. Describe and identify ethical principles of radical healing.
2. Describe at least 2 ways to embody the anchors of the psychology of radical healing framework for Black girls.
3. Identify and describe what collective practice looks like when embodying radical healing.

COURSE LEVEL

Introductory (useful for psychologists new to the field). This program is useful for practitioners at all levels.

PRESENTERS

Della V. Mosley, PhD (they/them or she/her) Della V. Mosley is Founder and Steward of Whole Wayves and serves as Past President of the WELLS Healing Center. A counseling psychologist, scholar-activist, and healer, her work focuses on radical healing, Black liberation, and culturally grounded approaches to wellness and community care. She is also an Adjunct Professor at St. Thomas University and is widely known for initiatives such as *Academics for Black Survival and Wellness*, which mobilized thousands of participants globally to engage in healing and anti-racism work. Her scholarship and community engagement center critical consciousness, collective wellbeing, and pathways toward liberation.

Bryana H. French, PhD, LP (she/her) is an Associate Professor in the Morrison Family College of Health at the University of St. Thomas. Her research, teaching, and community engagement focuses on racial and sexual trauma and recovery, specifically among Black, Indigenous and People of Color. Her research on men's sexual victimization has been featured in several news outlets including Time, US News, and Huffington Post. Her training interests focus on multicultural counseling development and social justice pedagogy and she provides intersectional consultation for universities and nonprofit organizations across

the country. Dr. French has held multiple leadership roles in APA the including currently serving on the APA Council of Representatives. Her work has been recognized with awards throughout her career, including the APA Minority Fellowship Program, APA Divisions 17, 35, and 45, and the Minnesota Psychological Association. Dr. French sees individual clients in her clinical practice in Minneapolis, MN.

CE CREDITS: 1.5 CE Hours



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